## **Glutamate Assay Kit-WST**

### Technical Manual

## Technical Manual (Japanese version) is available at http://www.dojindo.co.jp/manual/g269.pdf

#### **General Information**

Glutamate is not only used for biosynthesis of proteins and glutathione but also plays an important function as a neurotransmitter. Excess of glutamate is thought to contribute to neurodegenerative diseases such as Alzheimer's disease. A recent study showed that inhibition of cystine/glutamate transporter (xCT), which takes in cystine and releases glutamate, induces ferroptosis, and current cancer research is exploring xCT as a target<sup>1), 2)</sup>.

Glutamate Assay Kit-WST enables quantitation of glutamate as a metabolite. This kit has been optimized to quantify glutamate in cell culture supernatants as well as intracellular glutamate by measuring absorbance in a colorimetric WST reaction. This kit is formatted for 96-well microplates and the assay has a detection limit of 5 µmol/l glutamate.

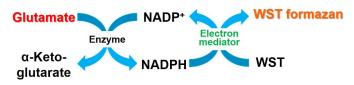


Figure 1. Principle of Glutamate Assay Kit-WST

#### Kit Contents

Dye Mixture	×1
Glutamate Standard (10 mmol/l) (Red cap)	300 µl×1
Enzyme (Green cap)	×1
Reconstitution Buffer (White cap)	750 µl×1
Assay Buffer	7.5 ml×1
Lysis Buffer	25 ml×1
Filtration Tube	×24

W Use the filtration tube for quantifying intracellular glutamate. Twenty-four tubes correspond to 24 test samples. For additional samples, commercially available filtration tubes (e.g., Nanosep Centrifugal Devices (10K)([OD010C33], PALL)) are recommended.

#### **Storage Conditions**

#### Store at 0-5 °C

#### Required Equipment and Materials

- Microplate reader (450 nm filter)
- Incubator (37 °C)
- 100-1000 µl and 20-200 µl micropipettes
- Conical tube

- 96-well microplate
- 20-200 µl multichannel pipette
- Phosphate buffered saline (PBS)

#### **Precautions**

- Equilibrate reagents to room temperature prior to use.
- Centrifuge the tube with Enzyme (green cap) briefly before opening to remove all content from walls of the tube and inside the cap.
- · Analyzing samples and standards in triplicate is recommended for accuracy.
- Use a multichannel pipette to dispense the working solution and minimize time lags in pipetting, because the enzymatic reaction is initiated immediately upon its addition.
- Prépare samples at different dilutions to determine the most suitable concentration, ranging from 0 to 0.5 mmol/l glutamate.
- Dye Mixture is stored in a glass bottle with an aluminum cap. Handle with caution and wear gloves.
- The kit has been designed for analyzing cell culture supernatants and intracellular glutamate. To measure
  intracellular glutamate, prepare cell lysates and glutamate standards in a Lysis Buffer. Use cell lysates
  deproteinized with the Filtration Tube.

# Preparation of Solutions

#### Preparation of Dye Mixture stock solution

Add the entire volume of Reconstitution Buffer to the Dye Mixture vial and dissolve contents completely.

※ Transfer the resulting Dye Mixture stock solution to the vial from the Reconstitution Buffer and store at 0−5 °C, protected from light. The Dye Mixture stock solution is stable for 2 months under these conditions.

#### Preparation of Enzyme stock solution

Add 120 µl PBS to the Enzyme tube and dissolve by pipetting.

- \* Centrifuge the tube briefly each time before opening to remove all content from the tube wall or inside the cap.
- \* The Enzyme stock solution should be maintained in an ice bath during use.
- $\times$  The Enzyme stock solution is stable for 2 months when stored at 0-5 °C.

#### Preparation of working solution

- (1) Add the Dye Mixture stock solution to a conical tube and dilute with the Assay Buffer.
- (2) Add the Enzyme stock solution to the solution prepared in the step (1).
- X Refer to Table 1.
- \* The working solution is light-sensitive. Prepare it immediately prior to use and protect it from light by covering the tube with aluminum foil. Prepare the working solution fresh each day and use immediately after preparation.

	for 24 well	for 48 well	for 96 well
Dye Mixture stock solution	175 µl		
Assay Buffer	1575 µl	3150 µl	6300 µl
Enzyme stock solution	24.5 µl	49 µl	98 µl

Table 1. Examples of working solution preparation

#### 1. Sample preparation

#### Sample preparation (supernatant) —

Dilute cell culture supernatants (test samples) as follows.

- ※ Prepare samples at different dilutions to determine the most suitable concentration. Glutamate concentrations should range from 0 to 0.5 mmol/l. Use ddH<sub>2</sub>O for dilutions.
- ※ Sample volume in the assay is 40 μl per well.

#### - Sample preparation (cell lysate) -

- (1) Prepare a cell suspension (5-10×10<sup>5</sup> cells) in a 1.5 ml microtube.
- (2) Centrifuge at 300×g for 5 minutes and remove the supernatant.
- (3) Add 500 µl PBS, suspend by pipetting, centrifuge at 300×g for 5 minutes and remove the supernatant.
- (4) Add 300 µl Lysis Buffer, lyse the cells by pipetting and centrifuge at 12,000×g for 5 minutes.
- (5) Transfer 250 μl supernatant to a MWCO 10K filtration tube and centrifuge at 12,000×g for 10 minutes.
- \* To analyze samples in triplicate, more than 120 μl sample is required (40 μl for triplicate reactions, 3×40 μl).
- $\times$  Extend the centrifugation time if the filtrate volume is less than 120  $\mu$ l.
- (6) Use the sample solution from Step (5) (test samples) for measuring.
- ※ Prepare samples at different dilutions to determine the most suitable concentration. Glutamate concentrations should range from 0 to 0.5 mmol/l. Use Lysis Buffer for dilutions.

#### 2. Preparation of glutamate standard solution

Mix 50  $\mu$ l Glutamate Standard (10 mmol/l) and 950  $\mu$ l ddH<sub>2</sub>O in a microtube to prepare a 0.5 mmol/l glutamate standard solution. Serially dilute with ddH<sub>2</sub>O to prepare 0.5, 0.25, 0.125, 0.0625, 0.0313, 0.0157, 0.00785, and 0 mmol/l (Figure 2).

※ To measure intracellular glutamate concentrations, use the Lysis Buffer to prepare glutamate standard solution instead of ddH₂O.

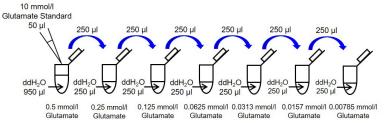
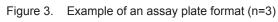


Figure 2. Preparation of glutamate standard solutions

#### 3. Measurements

- (1) Add 40 µl glutamate standard and test sample solutions to separate wells in a 96-well microplate (Figure 3).
- \* To obtain accurate data, triplicate samples are recommended.
- (2) Add 60 µl working solution to each well.
- \* Because the enzymatic reaction starts immediately after working solution is added, use a multichannel pipette to minimize time lags in pipetting.
- (3) Incubate the microplate at 37 °C for 30 minutes.
- \* Seal the microplate during incubation to prevent evaporation.
- (4) Measure absorbance at 450 nm with a microplate reader.
- (5) Calculate the glutamate concentration in each test sample from a calibration curve generated from the glutamate standards.
- \* Multiply the results by the dilution factor to determine glutamate concentrations in the original samples.

	1	2	3	4	5	6		
Α	0 m	mol/l Gluta	amate	Sample 1				
В	0.0078	5 mmol/l G	lutamate	Sample 2				
C	0.0157 mmol/l Glutamate			Sample 3				
D	0.0313 mmol/l Glutamate			Sample 4				
Ε	0.0625 mmol/l Glutamate			Sample 5				
F	0.125	mmol/l Glu	utamate	Sample 6				
G	0.25 mmol/l Glutamate			Sample 7				
Н	0.5 n	mmol/l Glut	amate	Sample 8				



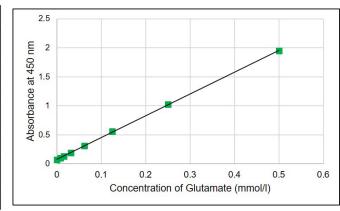


Figure 4.
Typical calibration curve generated with glutamate standards

# Experimental Example

#### perimental Inhibition of cystine/glutamate antiporter with erastin treatment

- (1) A549 cells were seeded in a 6-well plate (1×10<sup>6</sup> cells/well in DMEM containing 10% fetal bovine serum and 1% penicillin-streptomycin) and cultured overnight at 37 °C in a 5% CO<sub>2</sub> incubator.
- (2) The medium was removed and 2 ml DMEM containing erastin was added to wells.
- (3) The cells were cultured overnight at 37 °C in a 5% CO<sub>2</sub> incubator.
- (4) The supernatant (100 μl) was transferred to a 1.5 ml microtube and diluted 15-fold with ddH<sub>2</sub>O (sample solution). Sample or glutamate standard solutions (40 μl each) were added to individual wells of a 96-well microplate.
- (5) The working solution (60 µl) was added to each well.
- (6) The assay plate was incubated at 37 °C for 30minutes.
- (7) Absorbance at 450 nm was measured with a microplate reader and the concentrations of glutamate in the samples were calculated from the calibration curve.

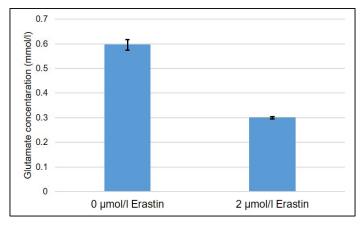


Figure 5.

Comparison of glutamate concentration in supernatant from A549 cells treated with erastin and untreated

Cystine/glutamate antiporter inhibited A549 cells showed decreased glutamate release.

Reference

- 1) Cobler, L. et al., Oncotarget, 2018, 9, 32280-32297.
- 2) Tobias, M. et al., Free Radical Biology and Medicine, 2019, 133, 144-152.